

# HOUSE . . . . . No. 1102

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By Ms. Khan of Newton, petition of Kay Khan and others relative to requiring school districts to develop policies on nutrition and physical activity. Education.

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## The Commonwealth of Massachusetts

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### PETITION OF:

Kay Khan	Patricia D. Jehlen
Anne M. Paulsen	Paul J. Donato
Carl M. Sciortino, Jr.	Robert M. Koczera
Tom Sannicandro	Douglas W. Petersen
John D. Keenan	Edward G. Connolly
Kathleen M. Teahan	Joyce A. Spiliotis

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In the Year Two Thousand and Five.

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AN ACT RELATIVE TO REQUIRING SCHOOLS DISTRICTS TO CONVENE CHILD NUTRITION AND PHYSICAL ACTIVITY ADVISORY COMMITTEES.

*Be it enacted by the Senate and House of Representatives in General Court assembled, and by the authority of the same, as follows:*

1     SECTION 1. Section 1C of Chapter 69 of the General Laws, as  
2     appearing in the 2000 Official Edition is hereby amended by  
3     inserting, in line 19, after the word “effect.” the following  
4     words:—  
5     “The board shall promulgate regulations requiring schools dis-  
6     tricts to convene a Child Nutrition and Physical Activity Advisory  
7     Committee that shall develop and recommend to the superinten-  
8     dent of schools and school committee school district policies on  
9     nutrition and physical activity. The committee shall include, but  
10    need not be limited to, school committee members, school admin-  
11    istrators, food service directors, food service staff, parents of stu-  
12    dents in the school district, students, physical and health  
13    education teachers, dietitians, health care professionals and inter-  
14    ested community members. In developing the policy, the com-  
15    mittee shall hold at least one public hearing. The policies adopted  
16    by said Advisory Committee shall address issues and goals,  
17    including, but not limited to all of the following:

- 18 (1) Implementing the nutritional standards set forth by the
- 19 United States Department of Agriculture;
- 20 (2) Encouraging fundraisers that promote good health habits
- 21 and discouraging fundraisers that promote unhealthy foods;
- 22 (3) Ensuring that no student is hungry;
- 23 (4) Improving nutritional standards;
- 24 (5) Increasing the availability of fresh fruits and vegetables,
- 25 including provisions that encourage schools to make fruits and
- 26 vegetables available at all locations where food is sold;
- 27 (6) Ensuring, to the extent possible, that the food served is
- 28 fresh;
- 29 (7) Encouraging eligible pupils to participate in the school
- 30 lunch program;
- 31 (8) Integrating nutrition and physical activity into the overall
- 32 curriculum;
- 33 (9) Ensuring regular professional development for food serv-
- 34 ices staff;
- 35 (10) Ensuring students a minimum of 30 minutes to eat lunch
- 36 and 20 minutes to eat breakfast, when provided;
- 37 (11) Ensuring students engage in healthful levels of vigorous
- 38 physical activity;
- 39 (12) Ensuring students receive nutrition education;
- 40 (13) Improving the quality of physical education curricula and
- 41 increasing training of physical education teachers;
- 42 (14) Enforcing existing physical education requirements;
- 43 (15) Altering the economic structures in place to encourage
- 44 healthy eating by students and reduce dependency on generating
- 45 profits for the school from the sale of unhealthy foods;
- 46 (16) Developing a financing plan to implement its policies;
- 47 (17) Increasing the availability of organic fruits and vegetables
- 48 and school gardens;
- 49 (18) Collaborating with local farmers' markets"